

2010 Harding Lady Bisons Outdoor Track and Field

Rhodes Open • Rhodes College Memphis, Tenn. • March 20, 2010

Event	Name	Result	Place	Runners
400 meters	Callie McAlister	1:01.78	15	33
800 meters	Hagan Atkins	2:39.90	26	30
	Rachel Conley	2:42.31	28	30
1500 meters	Esther Kosgei	4:45.27	4	39
	Laura Willis	5:54.88	36	39
	Courtney Ralston	6:01.08	37	39
3000 SC	Rysper Sirma	11:55.29	10	26
5000 meters	Katy Grant	18:39.93	15	43
4x400 relay		4:15.65	8	9
High Jump	Dia Gibson	5-03.75	3	17
Pole Vault	Tiffany Chambers	9-05.75	10	20
Discus	Rhiannon Roper	109-05	11	30
	Stephanie Zibulsky	90-04	25	30
Javelin	Stephanie Zibulsky	98-06	11	22
Shot Put	Rhiannon Roper	32-03.75	20	32
	Stephanie Zibulsky	30-01.50	26	32

Rhodes Invitational • Rhodes College Memphis, Tenn. • March 27, 2010

Event	Name	Result	Place	Runners
200 meters	Callie McAlister	27.11	8	49
800 meters	Gladys Kimtai	2:28.22	8	27
	Laura Willis	2:53.22	24	27
1500 meters	Rysper Sirma	5:01.32	5	37
	Courtney Ralston	6:03.87	33	37
3000 SC	Katy Grant	11:11.71	1	12
	Esther Kosgei	11:26.51	2	12
	Hagan Atkins	13:17.89	9	12
High Jump	Dia Gibson	5-01.75	1	19
Pole Vault	Tiffany Chambers	10-00.00	3	14
Discus	Rhiannon Roper	104-03	9	29
	Amanda Riley	90-08	18	29
Javelin	Stephanie Zibulsky	96-07	4	21
Shot Put	Rhiannon Roper	32-09.75	16	32
	Stephanie Zibulsky	28-06.50	23	32

NCAA Provisional Times
Katy Grant - 3000 Steeplechase - 11:11.71

Bison Invitational • Harding University Searcy, Ark. • April 3, 2010

Event	Name	Result	Place	Runners
400 meters	Callie McAlister	58.63	2	8
800 meters	Katy Grant	2:25.45	5	12
	Laura Willis	2:47.68	12	12
1500 meters	Esther Kosgei	4:47.36	1	16
	Katy Grant	4:48.21	2	16
	Gladys Kimtai	5:03.64	5	16
	Rachel Conley	5:30.39	12	16
5000 meters	Rysper Sirma	19:18.44	2	11
400m hurdles	Esther Kosgei	1:09.05	2	4
	Hagan Atkins	1:11.64	3	4
4x400 relay		4:14.08	3	5
High Jump	Dia Gibson	5-02.25	1	3
Pole Vault	Tiffany Chambers	10-06	1	3

Long Jump	Callie McAlister	16-03	3	5
Triple Jump	Callie McAlister	32-01	3	4
Discus	Rhiannon Roper	121-01	1	9
	Amanda Raley	92-07	8	9
	Stephanie Zibulsky	91-09	9	9
Javelin	Stephanie Zibulsky	101-07	1	2
Shot Put	Rhiannon Roper	34-05	3	8
	Stephanie Zibulsky	31-01.25	5	8

Hendrix Invitational • Hendrix College Conway, Ark. • April 10, 2010

Event	Name	Result	Place	Runners
400 meters	Callie McAlister	58.86	2	8
800 meters	Laura Lovett	2:22.66	3	6
1500 meters	Gladys Kimtai	4:57.02	3	14
	Rachel Conley	5:22.84	8	14
	Laura Willis	5:44.48	11	14
Hlgh Jump	Dia Gibson	5-02.25	1	2
Pole Vault	Tiffany Chambers	9-06.25	1	2
Long Jump	Callie McAlister	16-05.00	1	1
Triple Jump	Callie McAlister	30-11.75	2	2
Shot Put	Rhiannon Roper	32-09.50	2	7
	Stephanie Zibulsky	31-01.00	4	7
Discus	Rhiannon Roper	111-11	1	8
	Amanda Riley	89-3	4	8
	Stephanie Zibulsky	88-11	5	8
Hammer	Stephanie Zibulsky	76-4	5	7
	Amanda Riley	65-11	6	7
	Rhiannon Roper	62-11	7	7
Javelin	Stephanie Zibulsky	108-11	1	2

Kansas Relays • Kansas University Lawrence, Kan. • April 15-17, 2010

Event	Name	Result	Place	Runners
1500 meters	Rysper Sirma	4:52.56	9	32
	Gladys Kimtai	4:52.82	10	32
3000 SC	Katy Grant	11:16.86	2	14
	Esther Kosgei	11:30.48	4	14
4x800 relay		9:39.62	3	7
DMR		12:51.18	6	9
High Jump	Dia Gibson	5-01.00	13	17

NCAA South Region Meet • Alabama-Huntsville Huntsville, Ala. • May 1, 2010

Event	Name	Result	Place	Runners
400 meters	Callie McAlister	59.11	5	16
	Deshelle Isaac-Boyce	1:02.84	12	16
800 meters	Laura Lovett	2:23.27	3	10
	Katy Grant	2:25.75	7	10
	Rachel Conley	2:49.36	10	10
1500 meters	Esther Kosgei	4:49.00	1	10
	Rachel Conley	5:29.27	7	10
3000 meters	Katy Grant	10:42.12	2	9
	Rysper Sirma	10:55.67	4	9
	Laura Willis	12:17.95	8	9
5000 meters	Esther Kosgei	19:16.63	2	11
	Rysper Sirma	19:55.98	4	11
	Laura Willis	21:42.97	9	11

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10000 meters	Naomi Landecker	44:23.80	1	5	Esther Kosgei	19:16.63	Ala.-Huntsville	
	Courtney Ralston	50:11.34	5	5	Rysper Sirma	19:18.44	Harding	
					Rysper Sirma	19:55.98	Ala.-Huntsville	
400 hurdles	Hagan Atkins	1:09.92	6	9	Laura Willis	21:42.97	Ala.-Huntsville	
4x100 relay		50.00	7	7	Naomi Landecker	44:23.80	Ala.-Huntsville	
4x400 relay		4:08.40	6	6	Courtney Ralston	50:11.34	Ala.-Huntsville	
High Jump	Dia Gibson	5-02.25	1	8	Esther Kosgei	1:09.05	Harding	
Pole Vault	Tiffany Chambers	10-00.00	1	5	Hagan Atkins	1:11.64	Harding	
Long Jump	Callie McAlister	15-05.00	7	11	4x100 relay	50.00	Ala.-Huntsville	
Shot Put	Rhiannon Roper	36-05.75	1	10	4x400 relay	4:08.40	Ala.-Huntsville	
	Stephanie Zibulsky	30-07.75	6	10		4:14.08	Harding	
	Amanda Riley	24-09.25	9	10		4:15.65	Rhodes	
Discus	Rhiannon Roper	122-03	1	9	4x800 relay	9:39.62	Kansas	
	Amanda Riley	98-02	4	9	DMR	12:51.18	Kansas	
	Stephanie Zibulsky	92-00	7	9				
Hammer	Amanda Riley	81-00	2	8	High Jump	Dia Gibson	5-03.75	Rhodes
	Stephanie Zibulsky	77-08	3	8		Dia Gibson	5-02.25	Harding
	Rhiannon Roper	73-10	5	8		Dia Gibson	5-02.25	Hendrix
Javelin	Stephanie Zibulsky	104-03	6	15		Dia Gibson	5-02.25	Ala.-Huntsville
	Esther Kosgei	101-11	7	15		Dia Gibson	5-01.75	Rhodes
	Rhiannon Roper	68-05	13	15		Dia Gibson	5-01.00	Kansas
	Amanda Riley	50-05	15	15	Pole Vault	Tiffany Chambers	10-06.00	Harding
						Tiffany Chambers	10-00.00	Rhodes
						Tiffany Chambers	10-00.00	Ala.-Huntsville
						Tiffany Chambers	9-06.25	Hendrix
						Tiffany Chambers	9-05.75	Rhodes
					Long Jump	Callie McAlister	16-05.00	Hendrix
						Callie McAlister	16-03.00	Harding
						Callie McAlister	15-05.00	Ala.-Huntsville
					Triple Jump	Callie McAlister	32-01.00	Harding
						Callie McAlister	30-11.75	Hendrix
					Shot Put	Rhiannon Roper	36-05.75	Ala.-Huntsville
						Rhiannon Roper	34-05.00	Harding
						Rhiannon Roper	32-09.75	Rhodes
						Rhiannon Roper	32-09.50	Hendrix
						Rhiannon Roper	32-03.75	Rhodes
						Stephanie Zibulsky	31-01.25	Harding
						Stephanie Zibulsky	31-01.00	Hendrix
						Stephanie Zibulsky	30-07.75	Ala.-Huntsville
						Stephanie Zibulsky	30-01.50	Rhodes
						Stephanie Zibulsky	28-06.50	Rhodes
					Discus	Amanda Riley	24-09.25	Ala.-Huntsville
						Rhiannon Roper	122-03	Ala.-Huntsville
						Rhiannon Roper	121-01	Harding
						Rhiannon Roper	111-11	Hendrix
						Rhiannon Roper	109-05	Rhodes
						Rhiannon Roper	104-03	Rhodes
						Amanda Riley	98-02	Ala.-Huntsville
						Amanda Raley	92-07	Harding
						Stephanie Zibulsky	92-00	Ala.-Huntsville
						Stephanie Zibulsky	91-09	Harding
						Amanda Riley	90-08	Rhodes
						Stephanie Zibulsky	90-04	Rhodes
						Amanda Riley	89-3	Hendrix
						Stephanie Zibulsky	88-11	Hendrix
					Hammer	Amanda Riley	81-00	Ala.-Huntsville
						Stephanie Zibulsky	77-08	Ala.-Huntsville
						Stephanie Zibulsky	76-04	Hendrix
						Rhiannon Roper	73-10	Ala.-Huntsville
						Amanda Riley	65-11	Hendrix
						Rhiannon Roper	62-11	Hendrix
					Javelin	Stephanie Zibulsky	108-11	Hendrix
						Stephanie Zibulsky	104-03	Ala.-Huntsville
						Esther Kosgei	101-11	Ala.-Huntsville
						Stephanie Zibulsky	101-07	Harding
						Stephanie Zibulsky	98-06	Rhodes
						Stephanie Zibulsky	96-07	Rhodes
						Rhiannon Roper	65-08	Ala.-Huntsville
						Amanda Riley	50-05	Ala.-Huntsville

Lady Bison Top Results by Event

Event	Name	Result	Meet
200 meters	Callie McAlister	27.11	Rhodes
400 meters	Callie McAlister	58.63	Harding
	Callie McAlister	58.86	Hendrix
	Callie McAlister	59.11	Ala.-Huntsville
	Callie McAlister	1:01.78	Rhodes
	Deshelle Isaac-Boyce	1:02.84	Ala.-Huntsville
800 meters	Laura Lovett	2:22.66	Hendrix
	Laura Lovett	2:23.27	Ala.-Huntsville
	Katy Grant	2:25.45	Harding
	Katy Grant	2:25.75	Ala.-Huntsville
	Gladys Kimtai	2:28.22	Rhodes
	Hagan Atkins	2:39.90	Rhodes
	Rachel Conley	2:42.31	Rhodes
	Laura Willis	2:47.68	Harding
	Rachel Conley	2:49.36	Ala.-Huntsville
	Laura Willis	2:53.22	Rhodes
1500 meters	Esther Kosgei	4:45.27	Rhodes
	Esther Kosgei	4:47.36	Harding
	Katy Grant	4:48.21	Harding
	Esther Kosgei	4:49.00	Ala.-Huntsville
	Gladys Kimtai	4:52.56	Kansas
	Gladys Kimtai	4:57.02	Hendrix
	Rysper Sirma	4:52.82	Kansas
	Rysper Sirma	5:01.32	Rhodes
	Gladys Kimtai	5:03.64	Harding
	Rachel Conley	5:22.84	Hendrix
	Rachel Conley	5:29.27	Ala.-Huntsville
	Rachel Conley	5:30.39	Harding
	Laura Willis	5:44.48	Hendrix
	Laura Willis	5:54.88	Rhodes
	Courtney Ralston	6:01.08	Rhodes
	Courtney Ralston	6:03.87	Rhodes
3000 meters	Katy Grant	10:42.12	Ala.-Huntsville
	Rysper Sirma	10:55.67	Ala.-Huntsville
	Laura Willis	12:17.95	Ala.-Huntsville
3000 SC	Katy Grant	11:11.71	Rhodes
	Katy Grant	11:16.86	Kansas
	Esther Kosgei	11:26.51	Rhodes
	Esther Kosgei	11:30.48	Kansas
	Rysper Sirma	11:55.29	Rhodes
	Hagan Atkins	13:17.89	Rhodes
5000 meters	Katy Grant	18:39.93	Rhodes

2010 Harding Lady Bisons Outdoor Track and Field

2010 Lady Bison Roster

Name	Class	Hometown
Hagan Atkins	Jr.	Durham, Calif.
Tiffany Chambers	Fr.	Rogers, Ark.
Rachel Conley	Jr.	Rogers, Ark.
Dia Gibson	Jr.	Jonesboro, Ark.
Katy Grant	Sr.	Mustang, Okla.
Deshelle Isaac-Boyce	Fr.	Baytown, Texas
Gladys Kimtai	So.	Iten, Kenya
Esther Kosgei	Sr.	Iten, Kenya
Naomi Landecker	Fr.	Staples, Minn.
Laura Lovett	Jr.	Harper's Ferry, W.V.
Callie McAlister	So.	Maumelle, Ark.
Courtney Ralston	Fr.	Memphis, Tenn.
Amanda Raley	Fr.	Corsicana, Texas
Rhiannon Roper	Fr.	Fortuna, Calif.
Rysper Sirma	So.	Burnt Forest, Kenya
Laura Willis	Fr.	Fort Worth, Texas
Stephanie Zibulsky	Fr.	Portland, Ore.

	Tiffany Chambers	10-06.00	2010
Pole Vault	Letha Stewart	18-07.50	1989
Long Jump	Letha Stewart	37-10.00	1989
Triple Jump	Ashley Jones	40-07.00	2007
Shot Put	Carrie Blodgett	128-10	1993
Discus	Holly Skelton	85-02	2005
Hammer	Katelyn Kirby	116-0	2006
Javelin			

2010 NCAA II Qualifying Marks

Event	Auto.	Prov.
100 meters	11.65	12.12
200 meters	23.95	24.70
400 meters	55.00	56.80
800 meters	2:10.00	2:14.50
1500 meters	4:29.60	4:38.00
Mile	4:51.17	5:00.25
3000 SC	10:46.00	11:20.00
5000 meters	16:57.00	17:33.00
10000 meters	35:50.00	37:20.00
100 hurdles	13.90	14.55
400 hurdles	1:00.75	1:03.00
4x100 relay	46.00	47.40
4x400 relay	3:45.00	3:50.00
High Jump	5-08.75	5-06.00
Pole Vault	12-11.50	11-11.75
Long Jump	19-04.25	18-05.25
Triple Jump	39-10.50	37-10.75
Shot Put	48-02.75	43-05.75
Discus	156-06	141-01
Hammer	179-01	162-05
Javelin	147-07	134-06

Harding School Records

Event	Name	Record	Date
100 meters	Calister Uba	11.47	1997
200 meters	Calister Uba	23.47	1997
400 meters	Lori Wright	57.70	1991
800 meters	Hanna Ritakallio	2:09.65	2001
1500 meters	Janet Kogo	4:29.61	2005
3000 meters	Janet Kogo	9:35.22	2005
5000 meters	Janet Kogo	16:25.04	2005
10000 meters	Janet Kogo	34:21.80	2005
100 hurdles	Lori Wright	14.99	2001
400 hurdles	Lori Wright	1:03.68	1991
3000 SC	Katy Grant	10:36.83	2009
4x100 relay		47.30	1997
4x400 relay		3:58.23	1997
High Jump	Penny Mayberry	5-7	1995

2010 Harding Lady Bisons Outdoor Track and Field

HAGAN ATKINS

Jr. • Durham, Calif.

100 hurdles
2008 Morehouse 18.90! 6th

400m
2009 Memphis 1:06.39! 17th

400 hurdles

2008 Rhodes2 1:12.75! 5th
2008 Mississippi 1:10.70! 27th
2008 Morehouse 1:10.69! 4th
2009 Ole Miss 1:11.58 27th
2009 Simpson 1:13.16 18th
4/3/10 Harding 1:11.64 3rd
5/1/10 Ala.-Huntsville 1:09.92! 6th

800m
3/20/10 Rhodes 2:39.90! 26th

3000SC
3/27/10 Rhodes 13:17.89! 9th

TIFFANY CHAMBERS

Fr. • Rogers, Ark.

Pole Vault
3/20/10 Rhodes 9-05.75!sr 10th
3/27/10 Rhodes 10-00.00!sr 3rd
4/3/10 Harding 10-06.00!sr 1st
4/10/10 Hendrix 9-06.25 1st
5/1/10 Ala.-Huntsville 10-00.00 1st

RACHEL CONLEY

Jr. • Rogers, Ark.

800m
2008 Rhodes 2:38.52! 27th
2008 Morehouse 2:32.21! 10th
2009 Ole Miss 2:31.66! 39th
3/20/10 Rhodes 2:42.31 36th
5/1/10 Ala.-Huntsville 2:49.36 10th

1500m
2008 Rhodes 5:11.16! 9th
2008 Mississippi 5:09.71! 19th
2008 Arkansas 5:17.37 8th
2008 Morehouse 5:06.39! 8th
2009 Rhodes 5:06.59 25th
2009 Harding 5:00.40! 5th
2009 Ole Miss 5:01.54 31st
4/3/10 Harding 5:30.39 12th
4/10/10 Hendrix 5:22.84 8th
5/1/10 Ala.-Huntsville 5:29.27 7th

3000m
2008 Harding 11:11.40! 4th

5000m
2009 Rhodes 20:00.31! 9th

SAMY DILLON (injured)

Jr. • Leander, Texas

1500m
2008 Rhodes 5:17.71! 26th
2008 Rhodes 5:19.21 13th
2009 Rhodes 5:15.07! 30th
2009 Harding 5:12.03! 7th
2009 Memphis 5:14.11 12th

3000m
2008 Harding 11:15.10! 5th

5000m
2009 Rhodes 19:42.44! 6th
2009 Simpson 19:33.36! 16th

CATHY EBENJA (ineligible)

So. • Little Rock, Ark.

100m
2008 Rhodes 12.78! 6th
2008 Rhodes 12.78 3rd
2008 Harding 12.32! 2nd
2008 Arkansas 12.47 22nd
2008 Morehouse 12.20! 3rd
2009 Rhodes 12.32 4th
2009 Rhodes 12.41 1st
2009 Harding 12.14! 1st
2009 Ole Miss 12.20 25th
2009 Memphis 12.19 4th
2009 Simpson 12.64 1st

200m
2008 Arkansas 25.46! 27th
2008 Morehouse 25.77 5th
2009 Harding 25.50 1st
2009 Ole Miss 25.61 37th

High Jump
2008 Morehouse 4-05.50! 3rd

Long Jump
2008 Harding 17-05.75! 1st
2008 Morehouse 17-10.25! 3rd

DIA GIBSON

Jr. • Jonesboro, Ark.

High Jump
2008 Rhodes 4-11.75! 4th
2008 Rhodes 4-11.75 3rd
2008 Harding 5-01.75! 2nd
2008 Mississippi 5-01.00 12th
2008 Arkansas 5-01.00 12th
2009 Rhodes 5-01.00 3rd
2009 Rhodes 5-03.00! 1st
2009 Harding 5-03.00! 1st
2009 Ole Miss 5-01.00 9th
2009 Memphis 4-11.75 6th
2009 Simpson 5-01.00 7th
3/20/10 Rhodes 5-03.75! 3rd
3/27/10 Rhodes 5-01.75 1st
4/3/10 Harding 5-02.25 1st
4/10/10 Hendrix 5-02.25 1st
4/16/10 Kansas 5-01.00 13th
5/1/10 Ala.-Huntsville 5-02.25 1st

KATY GRANT

Sr. • Mustang, Okla.

400 hurdles
2007 Harding 1:21.99! 5th
2008 Morehouse 1:11.72! 5th

800m
2007 Harding 2:22.19! 4th
2009 Rhodes 2:20.21! 9th
2009 Harding 2:21.98 1st
4/3/10 Harding 2:25.45 5th
5/1/10 Ala.-Huntsville 2:25.75 7th

1500m
2007 Mississippi 4:56.05! 6th
2007 Harding 4:50.58! 3rd
2009 Rhodes 4:51.54 4th
4/3/10 Harding 4:48.21! 2nf

3000m
2008 Harding 10:22.30! 3rd
2008 Morehouse 10:37.44 4th
5/1/10 Ala.-Huntsville 10:42.12 2nd

3000m steeplechase
2007 Missouri 11:44.00! 10th
2007 Arkansas 11:57.57 10th
2008 Rhodes 11:01.38!+ 1st
2008 Mississippi 11:05.56+ 1st
2008 Drake 11:28.18+ 17th
2008 Morehouse 11:48.65 2nd
2008 NCAA Nationals 11:23.35 17th
2009 Rhodes 11:20.09 2nd
2009 Ole Miss 10:36.83! =sr2nd
2009 NCAA Nationals 11:34.60p 18th
3/27/10 Rhodes 11:11.71+ 1st
4/16/10 Kansas 11:16.86 2nd

5000m
3/20/10 Rhodes 18:39.93! 15th

DESHELLE ISAAC-BOYCE

Fr. • Baytown, Texas

400m
5/1/10 Ala.-Huntsville 1:02.84! 12th

GLADYS KIMTAI

So. • Iten Kabarnet, Kenya

800m
2009 Rhodes 2:24.89! 2nd
2009 Simpson 2:21.60! 8th
3/27/10 Rhodes 2:28.82 8th

1500m
2009 Rhodes 4:51.91! 16th
2009 Ole Miss 4:51.80! 21st
4/3/10 Harding 5:03.64 5th
4/10/10 Hendrix 4:57.02 3rd
4/16/10 Kansas 4:52.82 10th

5000m
2009 Ole Miss 18:31.17! 6th

ESTHER KOSGEI

Sr. • Iten Kabarnet, Kenya

400 hurdles
4/3/10 Harding 1:09.05! 2nd

1500m
2008 Rhodes 4:46.48! 2nd
2009 Rhodes 4:43.49! 1st
3/20/10 Rhodes 4:45.27 4th
4/3/10 Harding 4:47.36 1st
5/1/10 Ala.-Huntsville 4:49.00 1st

3000m
2008 Harding 10:11.10!+ 1st
2008 Arkansas 10:20.01 6th
2008 Morehouse 10:05.06!+ 1st
2008 NCAA Nationals 10:02.09p 5th
9:56.57! 5th

3000SC
2008 Morehouse 11:13.75!+ 1st
2009 Rhodes 11:07.60!+ 2nd
2009 Ole Miss 10:48.07! = 3rd
2009 NCAA Nationals 11:29.01p 17th
3/27/10 Rhodes 11:26.51 2nd
4/16/10 Kansas 11:30.48 4th

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5000m	2008 Rhodes	17:54.40!	2nd	Discus	3/27/10 Rhodes	90-08	18th	3000m	5/1/10 Ala.-Huntsville	10:55.67!	4th
	2009 Harding	18:01.22	1st		4/3/10 Harding	92-07!	8th				
	5/1/10 Ala.-Huntsville	19:16.63	2nd		4/10/10 Hendrix	89-03	4th	3000m steeplechase	2009 Ole Miss	11:22.31!	3rd
Javelin					5/1/10 Ala.-Huntsville	98-02!	4th		3/20/10 Rhodes	11:55.29	10th
5/1/10 Ala.-Huntsville		101-11!	7th	Hammer	4/10/10 Hendrix	65-11!	6th	5000m	4/3/10 Harding	19:18.44!	2nd
NAOMI LANDECKER					5/1/10 Ala.-Huntsville	81-00!	2nd		5/1/10 Ala.-Huntsville	19:55.98	4th
Fr. • Staples, Minn.				Javelin	5/1/10 Ala.-Huntsville	50-05!	15th	LAURA WILLIS			
10000m								Fr. • Fort Worth, Texas			
5/1/10 Ala.-Huntsville		44:23.80!	1st	RHIANNON ROPER				800m	3/27/10 Rhodes	2:53.22	24th
LAURA LOVETT				Fr. • Fortuna, Calif.					4/3/10 Harding	2:47.68!	12th
Fr. • Harper's Ferry, W.V.				Shot Put	3/20/10 Rhodes	32-03.75!	20th	1500m	3/20/10 Rhodes	5:54.88!	36th
400m					3/27/10 Rhodes	32-09.75!	16th		4/10/10 Hendrix	5:44.48!	11th
2008 Rhodes		1:02.47!	14th		4/3/10 Harding	34-05.00!	3rd				
800m					4/10/10 Hendrix	32-09.50	2nd				
2008 Rhodes		2:25.07!	7th		5/1/10 Ala.-Huntsville	36-05.75!	1st				
2008 Harding		2:22.84!	1st	Discus	3/20/10 Rhodes	109-05!	11th	3000m	5/1/10 Ala.-Huntsville	12:17.95!	8th
2008 Morehouse		2:17.57!	2nd		3/27/10 Rhodes	104-03	9th				
2009 Rhodes		2:36.34	31st		4/3/10 Harding	121-01!	1st	5000m	5/1/10 Ala.-Huntsville	21:42.97!	9th
4/10/10 Hendrix		2:22.66	3rd		4/10/10 Hendrix	111-11	1st				
5/1/10 Ala.-Huntsville		2:23.27	3rd		5/1/10 Ala.-Huntsville	122-03!	1st	STEPHANIE ZIBULSKY			
1500m								Fr. • Portland, Ore.			
2009 Rhodes		5:20.52!	11th	Hammer	4/10/10 Hendrix	62-11!	7th	Shot Put	3/20/10 Rhodes	30-01.50!	26th
CALLIE McALISTER					5/1/10 Ala.-Huntsville	73-10!	5th		3/27/10 Rhodes	28-06.50	23rd
So. • Maumelle, Ark.				Javelin	5/1/10 Ala.-Huntsville	68-05!	13th		4/3/10 Harding	31-01.25!	5th
200m									4/10/10 Hendrix	31-01.00	4th
2009 Ole Miss		26.07!	46th	AMY ROZDOS					5/1/10 Ala.-Huntsville	30-07.75	6th
3/27/10 Rhodes		27.11	8th	So. • Maryland Heights, Mo.				Discus	3/20/10 Rhodes	90-04!	25th
400m				800m	2009 Rhodes	3:02.30!	46th		4/3/10 Harding	91-09!	9th
2009 Rhodes		1:00.70!	10th		2009 Harding	2:55.42!	8th		4/10/10 Hendrix	88-11	5th
2009 Rhodes		1:00.25!	1st		2009 Memphis	2:55.39!	19th		5/1/10 Ala.-Huntsville	92-00!	7th
2009 Harding		59.43!	2nd	MARY SAMOEI				Hammer	4/10/10 Hendrix	76-04!	5th
2009 Ole Miss		1:00.14	32nd	So. • Eldoret, Kenya					5/1/10 Ala.-Huntsville	77-08!	3rd
2009 Memphis		59.81	8th	800m	2009 Rhodes	2:32.97!	6th	Javelin	3/20/10 Rhodes	98-06!	11th
2009 Simpson		58.99!	2nd						3/27/10 Rhodes	96-07	4th
3/20/10 Rhodes		1:01.78	15th	MARY SAMOEI					4/3/10 Harding	101-07!	1st
4/3/10 Harding		58.63!	2nd	So. • Eldoret, Kenya					4/10/10 Hendrix	108-11!	1st
4/10/10 Hendrix		58.86	2nd	1500m	2009 Rhodes	5:03.90!	24th		5/1/10 Ala.-Huntsville	104-03	6th
5/1/10 Ala.-Huntsville		59.11	5th		2009 Memphis	5:11.79	9th				
Long Jump					2009 Simpson	5:03.59!	14th				
4/3/10 Harding		16-03.00!	3rd		2009 Ole Miss	5:03.18!	17th	TEAM (2010)			
4/10/10 Hendrix		16-05.00!	1st	MARY SAMOEI				4x100 Relay	5/1/10 Ala.-Huntsville	50.00	7th
5/1/10 Ala.-Huntsville		15-05.00	7th	So. • Eldoret, Kenya							
Triple Jump				800m	2009 Rhodes	2:22.98!	1st	4x400 Relay	3/20/10 Rhodes	4:15.65	8th
4/3/10 Harding		32-01.00!	3rd						4/3/10 Harding	4:14.08!	3rd
4/10/10 Hendrix		30-11.75	2nd						5/1/10 Ala.-Huntsville	4:08.40!	6th
COURTNEY RALSTON				1500m	2009 Rhodes	4:49.13!	8th				
Fr. • Memphis, Tenn.					2009 Rhodes	4:49.16	3rd				
1500m					2009 Harding	4:43.15!	1st				
3/20/10 Rhodes		6:01.08!	37th		2009 Ole Miss	4:49.30	18th				
3/27/10 Rhodes		6:03.87	33rd		2009 Simpson	4:54.48	8th				
10000m					3/27/10 Rhodes	5:01.32	5th				
5/1/10 Ala.-Huntsville		50:11.34!	5th		4/16/10 Kansas	4:52.56	9th				
AMANDA RILEY								4x800	4/15/10 Kansas	9:39.62	3rd
Fr. • Corsicana, Texas											
Shot Put								Distance Medley	4/16/10 Kansas	12:51.18	6th
5/1/10 Ala.-Huntsville		24-09.25!	9th								

+-Provisional NCAA Qualifier
 ==Automatic NCAA Qualifier
 !=Personal Best
 sr - School Record
 p - preliminary